



Text the school
health service
07507 330 205

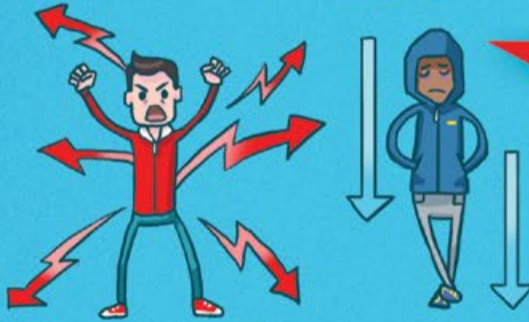
We can help young people with all kinds of things like:



Problems with
friends or family



Puberty



Emotional Health



Self-harm



Drugs, alcohol
and smoking



Relationships

Text us for confidential advice and support